

TABLE OF WEIGHTS AND MEASURES

SISTERS WITH STUFF

3 teaspoons = 1 tablespoon

2 tablespoons = 1 ounce

4 tablespoons = 1/4 cup

16 tablespoons = 1 cup

2 cups = 1 pint

4 cups = 1 quart

2 1/3 cups = 1 lb. granulated sugar

3 1/3 cups = 1 lb. confectioners sugar

1 lb. all-purpose flour = 4 cups sifted

